

# GCG Sunday School - 5th November 2023

## Lesson Outline



**Lesson:** The Lord redeems His people  
**Passage:** Exodus 6:1-8; 12:21-32  
**Big Idea:** The Lord will be remembered as redeeming his people through judgement.  
**Main Aim:** Remember that we are the Lord's redeemed people.

**Please pray** for the lesson preparation, that you and the children would be built up by God's word.

### Laptop (and Bluetooth speaker) check

Unless you are at the Greenwich service, you will need to bring a laptop to play the videos and songs. If needed, Jonny can provide a laptop and a Bluetooth speaker. 😊

**Additional resources:** [Mustard Seeds lesson plan](#), [GCG Sunday School Google Drive](#)

### The Passage

#### Summary.

God promises to act on his promises made to Abraham. The people will be redeemed, the enemies will be destroyed. This is how God reveals himself to be in Exodus, the redeeming-through-judgement Lord God.

#### For them then.

The first readers will look back on the date of Exodus as a huge moment in their family history. The day the Lord redeemed his people and judged his enemies.

#### For us now.

The passover lamb is a picture of our true Passover lamb, Jesus. We look back on the day when he was sacrificed as a huge moment in our history. The day the Lord redeemed his people and crushed his enemies, ultimately.

This lesson is a challenge for us to remember that God wants to be known and remembered as the Lord who has redeemed his people and crushed his enemies. We remember we are that people.

### The Age Ranges

**Sailors: Ages 3-7**

**Officers: Ages 8-11**

For CW (average age 4-5 years) and Greenwich (average age 6-7 years): Prepare the lesson for **all ages**. Then prepare your leaders to divide into separate **Sailor** and **Officer** groups for **Heart & Hands** teaching.

*Eltham (Sailors average age: 4-5 years, Officers average age: 7-8 years):*

Personalise **all material** for the Sailors or Officers.

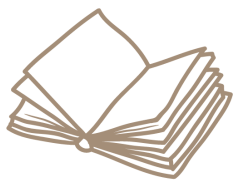
## The Rough Format - Repetition is key.

**Get Going**  
3 min + song



Welcome  
Quick Recap  
Song

**Main Teaching**  
~15 mins



The Big Idea  
The Main Aim

**Brain Break**  
~10 mins



Change of scene

**Heart & Hands**  
~20 mins



Discussion  
Activities

**Land The Lesson**  
~10 mins



Recap  
Memory Verse  
Pray

## Rough Outline



**Get Going**  
Welcome, Prayer, Quick Recap & Song

### Welcome the children

- This is a good time to connect with the children briefly.

You could ask them a simple question which will connect loosely with the theme.

- Sailors - *What can you tell me about (insert leader/ child name here)?  
What is he/she like?  
God is like this: He redeems his people and judges his enemies.*
- Officers - *For someone to know you, what do they need to know about you?  
Are you into sport, dance, maths?*

Link: God wants to be known as a God who redeems his people and judges his enemies.

### Prayer

- Let's listen carefully to what God has to say to us today.



### Very Speedy Recap - Scroll of time

Last week we spoke about.

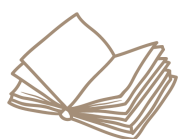
Big Idea: God made a big promise to bless, and Abraham trusted God would keep it.

Link: God promised Abraham that his people would come out of Egypt, now it's happening!

### Song

Talk through the words and actions before singing, if needed.

- Sailors & Officers - <https://www.awesomecutlery.com/tracks/gods-people-in-gods-place/>
- Actions: Video on the way!



**Main Teaching**  
Teaching the Big Idea & Main Aim.

Have a Bible open throughout. Feel free to read portions of it out word for word or paraphrase so they see that the story comes from God's word, and not from our heads.

Try to get simply and clearly to the Big Idea and Main Aim.

- Lesson points

1. God was ready to keep his promise to Abraham, to redeem and judge.

Explain the context: Slavery, Pharaoh, not letting the people go.

But God had promised to Abraham that he would redeem his people and judge his enemies.

Let's see how.

2. So he redeemed his people with a lamb and judged his enemies.

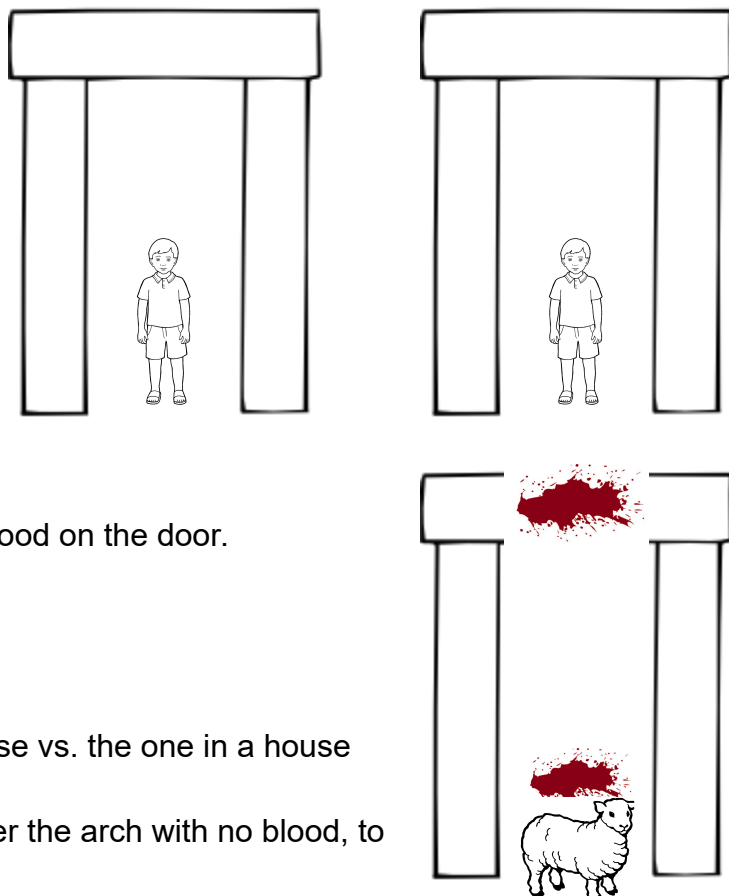
Visual aid - to illustrate substitution.

Make two big door frames out of paper. Stick these next to each other on the wall.

Place an image of a boy under each arch or have one boy sit under each arch.

Stick red paper onto one of the arches, or use red marker as you talk about the blood being put on the posts.

Swap one image/ boy for an image of a lamb, with blood on the door.



Explain the passage, the lamb blood spilt.

Explain the fate of the one who was in a trusting house vs. the one in a house who didn't trust in the lamb.

If you've asked boys to be actors, invite the one under the arch with no blood, to come under the

3. God wanted this to be remembered forever.

Explain that this was to be remembered. 12:24-27. "Our houses" to be told to future generations.

- You could watch some/ all of this video at the end of the lesson to consolidate:

A much more sombre tone, better for Officers:

▶ The Prince of Egypt (1998) - Smiting of the First Born Scene (7/10) | Movieclips

Or for a more childish tone, the info here is good:

▶ The Story of Passover for Kids (for Christians) | Bible Stories for Kids

- Sailors

*Tell the passage as a story. Ask questions along the way.*

*Get to the Big Idea, then arrive at the Main Aim.*

*Maybe use a helper with you to play different roles in the story.*

*Use the **lesson points above** with the **teaching images**.*

Feel free to be creative in using the teaching images and props.

Bear in mind that we'll need to be sensitive when talking about dying lambs and boys.

### *Brief application*

Remember that we are people whom the Lord redeemed through judgement.

The Passover lamb is a picture of our true Passover lamb, Jesus.

We look back on the day when Jesus was sacrificed, the Lord redeemed his people and judged his enemies.

Let's remember that.

- Officers

*Interactive talk through the text.*

*Get to the Big Idea, then arrive at the Main Aim.*

*Feel free to imagine crazy ways to add to the fun! You could: Act it out, or have them draw something, or shout out the best thing they see in the passage, or create a puppet show/ drama using paper and card to build scenery.*

*Use the **lesson points above**.*

Feel free to go big on the storytelling. It would be good for the officers to be surprised (sensitively!) by the shock of the drama. This is life and death! Sheltering under Jesus' blood means life, not death.

### *Brief application*

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We look back on the day when Jesus was sacrificed, the Lord redeemed his people and judged his enemies.

Let's remember that.



### **Brain Break**

**A chance to rest the children's minds.**

*Game idea. Feel free to think of a better idea!*

- Sailors - To go to school, I need:

Memory game, the first person starts saying 1 thing they need for school.

I need my shoes. The next person then remembers that item and adds another.

I need my shoes and my coat. Etc.

- Officers - To celebrate the Passover, we need:

Memory game. The first person starts, for the Passover I need: A lamb,

The next person then recites the list and adds one other thing, I need: A lamb, a hyssop branch.

The next person continues, I need a lamb, b, c, d, e.

If you forget one, you lose

Link: The Israelites needed to remember everything about the Passover.
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### **Heart and Hands**

**Think more about the Main Aim with: Discussion and Activities.**

**Discussion - What would it look like to believe the Main Aim?**

Think through with the children what the Main Aim means for our lives.

- Sailors - *The Bible is so good. It tells us exactly what we need to know.*

Remember that we are people whom the Lord redeemed through judgement.

The Passover lamb is a picture of our true Passover lamb, Jesus.

We look back on the day when Jesus was sacrificed, the Lord redeemed his people and judged his enemies.

Let's remember that.

- Officers - *The Bible is so good. It tells us exactly what we need to know.*

Discussion to get to the answers.

How is the Passover lamb a bit like Jesus?

What happened to Jesus? How are we saved by him?

*What can we thank God for?*

*What challenges us from this passage?*

### Activities - Craft or worksheet

- Sailors - *Craft*

Cut around three sides of the door, on the bold line, leaving the left-hand side intact.

Colour the firstborn son and his younger sister on the inside of the door, the door frame and the cross. Mark the lintel and doorposts with red paint to represent blood.

Help the children to fold the page in half with the door on the outside and the cross on the inside.

Glue the two halves together at the edges where indicated.

The door can be opened to show the children on the inside of the door and the cross.

Discuss with the children what 'Christ, our Passover lamb has been sacrificed' means.

- Officers - *Worksheet*
- Extra games

If you finish craft early, you may want to play a game with the remaining time.



### Land the lesson

Bring everything together with: Recap, Memory Verse and Prayer.

### Scroll of time update

- Remind them of the Big Idea and Main Aim.



### Memory verse

*The Lord had said to Abram, "Go from your country, your people and your father's household to the land I will show you. I will make you into a great nation, and I will bless you; I will make your name great, and you will be a blessing." Genesis 12:1-2 (NIVUK)*

[Ideas for learning the memory verse.](#) I will provide the verse on laminated paper with Blu Tack.

- Sailors - [Actions are available here.](#)

- Officers - If capable, they can come up with a rap/ spoken word for the verse. They can repeat and improve it each week.

## **Pray**

Encourage the children to pray with you about the Big Idea and Main Aim.

They could thank God for something we've learnt, or ask for help with a challenge in believing it.

- Sailors

You could ask for hands up/ thumbs up for those who would like to pray.

You could suggest "Popcorn prayers" - really short prayers. Or "Arrow prayers"- We all shoot up like an arrow at the end. Or you could try the idea we use with Officers.

- Officers

You could pass an object, like a Bible, around the room. When a child receives the Bible, they can choose to pray in their head or aloud.

## **Sign out with Take Home Sheets**

- While signing out with Rollcall, Take Home sheets will be provided to carers and parents about the children's lesson.

## **Final notes**

The following items will be printed for you and brought to the lesson:

- Main teaching pictures and materials.
- Activities: Sailors craft and Officers worksheets.
- Memory verse, laminated.
- Take Home Sheets.

Additional materials will be available:

- Craft materials.
- Pens, paper, glue, scissors.